

Best Practice Guidelines

Commissioned and Compiled By





Queerly Represent Me Ltd.
Trading as *Represent Me*
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About the project

Our Best Practice Guidelines are a collection of free and paid resources. They are designed to help individuals and organisations who are seeking guidance on how to approach diversity, inclusion, and accessibility.

The free glossary contains more than 15,000 words of definitions for key terms and concepts. The glossary is designed to introduce the reader to concepts that they may not have considered before, explore why these topics are important, and kickstart further research and understanding.

If you require more information and support, we also have paid guides available. These act as a middle-ground between the free, foundational information in the glossary and specific, one-on-one consultancy. These guides are action-oriented, so in addition to educating you on a particular social group or concept, they also include advice on how to respectfully approach various situations in content, workplaces, and other environments.

All glossary entries and guides were written by somebody with lived experience of the particular identity or issue. Guides were also each reviewed by two additional people with lived experience to ensure broad perspectives were represented. All contributors to the Best Practice Guidelines were paid for their expertise (except in rare circumstances where their external work commitments did not allow payment for their involvement). Proceeds from paid guides will contribute to ongoing updates for the Best Practice Guidelines, additional guides in future editions, and projects similar to this one.

About Represent Me

Represent Me is a not-for-profit research organisation and consultancy agency who connects with creators, event organisers, and workplaces to improve their representation and company culture.

Between us, our directors represent a range of sexualities and genders, socioeconomic lived experience, cultural heritage, and chronic health conditions—including mental health conditions, neurodivergence, and physical disabilities. Our staff and database of contracted consultants represents an even broader cross-section of the diverse world we live in.

Ongoing discussion around representation and diversity is vital, and Represent Me seeks to be a key voice within this conversation.

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We pay our respects to Elders past, present, and emerging. Sovereignty was never ceded.*



List of available guides

- Ableist language
- ADHD
- Adoption
- Aromanticism
- Asexuality
- Asia
- Autism
- Body shape
- Content warnings
- Eating disorders
- Emotional labour
- Gay / MLM
- Gender fluidity
- Harassment
- Hispanic, Latino, and Latin-America
- Immigration
- Indigenous Australia
- Lesbians / WLW
- Mental health
- Microaggressions
- Middle East
- Nonbinary
- Religion and religious practice
- Skin conditions
- Speech conditions
- Trans men and transmasculinity
- Trans women and transfemininity
- Wheelchairs and physical access

Supplements

- Attraction
- Pronouns and gender inclusive language
- Social model of disability

Additional guides will be made available in the second edition of the Best Practice Guidelines. For more information about the guides that we are currently working on, please see the 'Plans for Second Edition' section at the end of this document.



Updates

Glossary entries and guides are regularly updated to ensure they remain relevant and useful. The version number and date in the footer of each guide shows you which version you have.

In addition to these rolling updates, we are currently working on major overhauls and additional guides for the second edition of the Best Practice Guidelines. If you have any requests or feedback for the second edition, please get in touch with us using the information in the 'Contact' section below.

Guides planned for second edition

- Acquired brain injuries and strokes
- Africa (Northern Africa, East Africa, Southern Africa, West Africa, Central Africa)
- Anxiety
- Asia (East Asia, South-East Asia, South Asia)
- Ba'hai
- Bipolar
- Black (American)
- Blind and vision impairment
- Buddhism
- Christianity
- Colourblindness
- Deaf, deafness, and hard of hearing
- Depression
- Dyscalculia
- Dyslexia
- Dyslexia
- Hinduism
- Intellectual disabilities
- Intersex
- Invisible conditions (fibromyalgia, CFS)
- Islam
- Judaism
- Language conditions (aphasia)
- Memory conditions (amnesia, Alzheimer's, dementia)
- Motor conditions (Parkinson's, apraxia)
- Paganism
- Polyamory
- Psychosis
- Refugees and asylum seekers
- Schizophrenia
- Self-harm and suicide
- Sex work and sex workers
- Sikhism



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Disclaimer

All opinions, suggestions, and directives included in the Best Practice Guidelines are informed by the lived experiences of the individuals who wrote them and do not necessarily reflect the opinions of the Represent Me team.

Contact

If you have feedback on the Best Practice Guidelines or are seeking additional guides and consultancy, you can contact Represent Me via email:

- hello@representme.charity

If you would like to connect with us on social media, we are most active on Twitter:

- [@RepMeCharity](https://twitter.com/RepMeCharity)
- <http://twitter.com/RepMeCharity>



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